

PRACTICE PLAN

Team

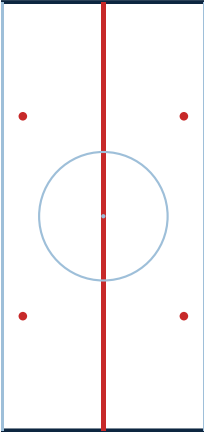
Date

Time

Ice

Focus

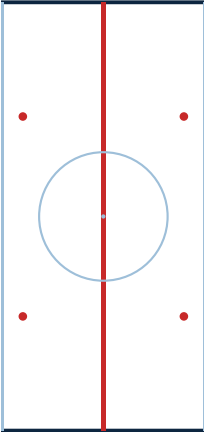
Equipment



1 DRILL

MIN.

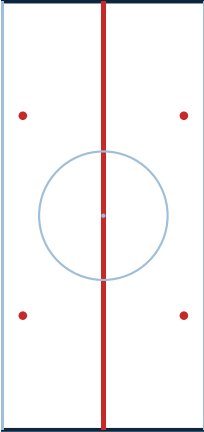
KEY POINTS



2 DRILL

MIN.

KEY POINTS



3 DRILL

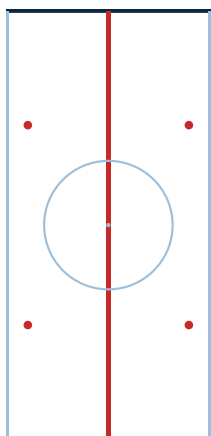
MIN.

KEY POINTS



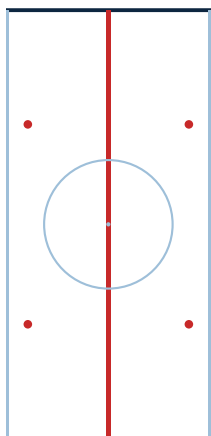
4 DRILL _____ **MIN.**

KEY POINTS



5 DRILL _____ **MIN.**

KEY POINTS



6 DRILL _____ **MIN.**

KEY POINTS

Total minutes

NOTES AFTER PRACTICE
